

BUILDING & GROWING *Faith*

923 Mississippi Avenue
Chattanooga, TN 37405
423-266-1766
info@northsidepresbyterian.org

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**Remember to pray for the ministry of
Northside Presbyterian everyday!**

NORTHSIDE PRESBYTERIAN CHURCH PC(USA)

NORTHSIDE NEWS

SEPTEMBER 2011

REASONS TO GO TO THE FALL CHURCH RETREAT

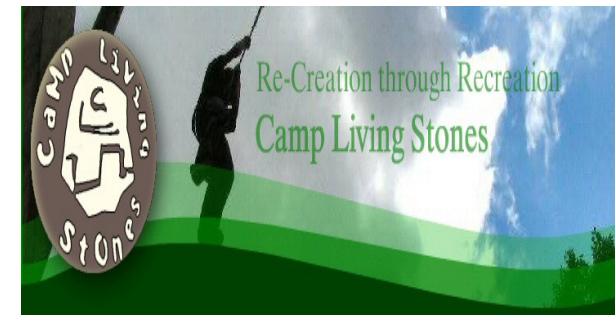
- 10. You'll see what we make out of the tin cans and oatmeal containers being collected.
- 9. Get to hang out at a waterfall.
- 8. It's cheaper than Gatlinburg!
- 7. A chance to show off your mad horseshoe skills.
- 6. Re-creation through recreation.



- 5. A weekend full of devotions and worship.
- 4. You'll finally get to know that person who sits in front of you in church.
- 3. Mama Smeltzer's southern, home cooking!
- 2. Disconnect with your world, reconnect with God.

And the #1 reason to come to the Fall Church Retreat:

Research has shown that it takes 36 hours away from your regular life for lasting transformation to begin happening. We'll be there for 40 hours!



WHEN: September 30th– October 2nd
WHERE: Camp Living Stones in Englewood, TN.
COST: \$65 for adults 12 and older/\$30 for kids 3-11 (FREE for kids under 3)/\$200 max per family.
INCLUDES: Lodging on Friday and Saturday nights and all games, activities, and outings. 5 meals– including Sunday brunch.

W.N.L.

Dinner: 5-6pm
 Program: 6-7pm
 Choir Practice: 7-8pm
 Cost to eat: \$6 for adults, \$3 for kids,
 OR
**Purchase your 6 meal ticket for \$30 (adults)
 /\$15 (kids) and receive a discount!**



There will be two options for the adult program:

OPTION #1: For those who cannot make it on Tuesday mornings, Rev. Ben will be holding his **Pastor's Bible Study (P.B.S.)**. This is an in-depth interpretive and application study which will be based on the OT prophet Hosea.

OPTION #2: A topical discussion study of Jonah. The thing you need to know, however, is that it will be very much worth your while. And it will be perfect if you already attend Tuesday's Bible Study, or if exegetical study isn't your thing.

Children & Youth:

Nursery care will be available for little ones. Donations will be accepted each week to help offset the cost. Older kids can gather in the newly designated "David's Porch" (formerly the Middle School Room) outside the Community Room after they finish dinner to hear a Bible Story, do some coloring, and then head out for activities. All Youth are welcome to attend the adult study/program or help out with the kids.

Fall 2011 WNL Schedule

<u>Date</u>	<u>Activity</u>
September 14th:	P.B.S or Study of Jonah
September 21st:	P.B.S or Study of Jonah
September 28th:	P.B.S or Study of Jonah
October 5th:	P.B.S or Study of Jonah
October 12th:	P.B.S or Study of Jonah
October 19th:	P.B.S or Study of Jonah
October 26th:	TRUNK OR TREAT! Fun, games, candy for the kids, plus hotdogs and chili cook-off!
November 2nd:	P.B.S or "Courageous" study and Children's Christmas Play practices
November 9th:	P.B.S or "Courageous" study and Children's Christmas Play practices
November 16th:	P.B.S or "Courageous" study and Children's Christmas Play practices
November 23rd:	NO WNL
November 30th:	P.B.S or "Courageous" study and Children's Christmas Play practices
December 7th:	P.B.S or "Courageous" study and Children's Christmas Play practices
December 14th:	Children's Christmas Play
December 21st:	Christmas party! Sing carols, drink cider and white elephant gift exchange.
December 28th:	NO WNL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Youth Sunday School 9:45am Sunday School 11am Worship & Communion	4 Labor Day Church Office & NLC Closed No Parent's Day Out	5 9:30am Pastor's Bible Study begins 10:30am Exercise 7:00pm Tai Chi	6 9am-2pm Parent's Day Out 5:30pm Yoga Class 5:30pm WNL dinner & programs 7:00pm Chancel Choir Practice	7 10:30am Exercise 10:30am Quilting	8 10:30am Exercise 10:30am Quilting	9 6pm Riggs/Scott Wedding
9:30am Youth Sunday School 9:45am Sunday School 11am Worship	11 10:00am PW Bible Study & Circle Meetings 11:00am PW Gathering Noon PW Luncheon 6:30pm Session Meeting	12 9:30am P.B.S. 10:30am Exercise 7:00pm Tai Chi	13 9am-2pm Parent's Day Out 5:30pm Yoga Class 5:30pm WNL dinner & programs 7:00pm Chancel Choir Practice	14 10:30am Exercise 10:30am Quilting	15 10:30am Exercise 10:30am Quilting	16 9:30am Yoga
9:30am Youth Sunday School 9:45am Sunday School 11am Worship	19 6:00pm Men's Group	20 9:30am P.B.S. 10:30am Exercise 7:00pm Tai Chi	21 9am-2pm Parent's Day Out 5:30pm Yoga Class 5:30pm WNL dinner & programs 7:00pm Chancel Choir Practice	22 10:30am Exercise 10:30am Quilting	23 9:30am Yoga	24 9:30am Yoga
9:30am Youth Sunday School 9:45am Sunday School 11am Worship	26	27 9:30am P.B.S. 10:30am Exercise 7:00pm Tai Chi	28 9am-2pm Parent's Day Out 5:30pm Yoga Class 5:30pm WNL dinner & programs 7:00pm Chancel Choir Practice	29 Family Camp 9/29-10/2	30	

SEPTEMBER BIRTHDAYS



2	Henry Paris	20	Erick Lorinc
4	Addie Burnette	21	Greg Hutchison
5	Carroll Sanderson	21	Janis Keeney
5	Rev. Ben Skidmore	24	Una Black
6	Jerome Lee	24	Betty Glass
7	Jane Blanchard	24	Ian Hutchison
8	Jack Skidmore	25	John Pitner
10	Jodie Martin	27	Geraldine Hester
13	Joe Johnson	28	Harry Burnette
16	Chad Burnette	28	George Johnson
18	Jackie Johnson		

SCRIPTURE A DAY

September 1	Matthew 28:1-10	September 16	Mark 12:41-44
September 2	Ecclesiastes 3:9-15	September 17	Luke 14:16-23
September 3	Matthew 19: 16-22	September 18	Psalm 139:13-18
September 4	Numbers 13:26-33	September 19	Thessalonians 4:13-18
September 5	Genesis 1:26-27 & Hebrews 1:1-3	September 20	Galatians 3:2-9
September 6	Psalm 95:1-7	September 21	Psalm 119:97-104
September 7	Leviticus 27:30-33	September 22	2 Timothy 3:14-17
September 8	Psalm 121:1-8	September 23	John 15:1-17
September 9	Matthew 20:1-14	September 24	Ruth 2:1-9, 15-23
September 10	Matthew 11:28-30	September 25	Colossians 3:12-17
September 11	Matthew 28:16-20	September 26	Psalm 139:1-12
September 12	Psalm 71:17-21	September 27	Romans 10:12-18
September 13	Philippians 1:1-11	September 28	Philippians 4:4-9
September 14	Exodus 33:12-17	September 29	John 10:1-10
September 15	Mark 12:41-44	September 30	Psalm 23:1-6

BIBLE STUDY OPPORTUNITIES

“Your word is a lamp to my feet and a light to my path.” - Psalm 119:105

Over the years I have lost count of the number of church folk who have longingly confided in me, “I wish I knew the Bible better.” In contrast, I have also had the pleasure of knowing some individuals in the church who were so solid in their Bible knowledge and skills, that they could probably teach it on the college or seminary level.

Whatever your level of biblical knowledge, Northside has many opportunities going on right now for you to grow in your ability to use the Bible, and grow in your faith as you encounter God through the text of Scripture and group discussions.

Simply memorizing Scripture will not deepen your faith. We've all known someone who can come up with 'a verse' that illustrates whatever point they are trying to make. But if we take our time in God's Word seriously, we can find a richness that will not only allow us to discover first-hand what the Bible says, but it will broaden our view of what God has done and is doing in our world.

Blessings,

Bible Study Opportunities

Adult Sunday School – 9:45-10:45 am Adult Bible study Sunday school class, Presbyterian's Today, Covenant Class.

Pastor's Bible Study – 9:30-10:30 am, every Tuesday. The topic is the Prophet Hosea.

Wednesday Night Live –

- 5-6 pm, Dinner
- 6-7 pm, Choice of Programs:
 - Pastor's Bible Study (*September-December*)
 - Study of Jonah (*September-October*)
 - Courageous (*October-December*)

Men's Group - 1st and 3rd Monday at 6pm.

Presbyterian Women- every 2nd Monday, study of the Beatitudes.



5 THINGS THAT WILL MAKE YOU HAPPIER

Here are five things that research has shown can improve happiness:

1. Be grateful – Some study participants were asked to write letters of gratitude to people who had helped them in some way. The study found that these people reported a lasting increase in happiness – over weeks and even months – after implementing the habit. What's even more surprising: Sending the letter is not necessary. Even when people wrote letters but never delivered them to the addressee, they still reported feeling better afterwards.

2. Be optimistic – Another practice that seems to help is optimistic thinking. Study participants were asked to visualize an ideal future – for example, living with a loving and supportive partner, or finding a job that was fulfilling – and describe the image in a journal entry. After doing this for a few weeks, these people too reported increased feelings of well-being.

3. Count your blessings – People who practice writing down three good things that have happened to them every week show significant [boosts in happiness](#), studies have found. It seems the act of focusing on the positive helps people remember reasons to be glad.

4. Use your strengths – Another study asked people to identify their greatest strengths, and then to try to use these strengths in new ways. For example, someone who says they have a good sense of humor could try telling jokes to lighten up business meetings or cheer up sad friends. This habit, too, seems to heighten happiness.

5. Commit acts of kindness – It turns out helping others also helps ourselves. People who donate time or money to charity, or who altruistically assist people in need, report improvements in their own happiness.

Lyubomirsky has also created a free iPhone application, called [Live Happy](#), to help people boost their well-being.

Article by Clara Moskowitz

YOUTH

Youth Group Bible Study will continue on Sunday mornings at 9:30am. This fall the topics will follow the same Scripture passages that will be read during worship.

Upcoming 2012 Youth Events!

We will hold several awesome fundraisers to support our two youth trips. The first fundraiser will be October 6th. Contact Rev. Ben if you will be able to help at the first fundraiser.

Ski Trip to Montreat – February 17-19, 2012 Cost: \$340 (includes EVERYTHING!) Register by October 1st if interested. Get all the details from Rev. Ben.



NORTHSIDE LEARNING CENTER SALE

Where? Northside Presbyterian parking lot. One space=\$10. Sign up for spaces in the **Northside Learning Center Office** (the shady spaces ones go first!). **CASH ONLY PLEASE**-paid at the time of reservation!! We have tons of spaces available so sign up today!! **Rain or Shine!!** If the weather is uncooperative we will set up in the Fellowship Hall.

When? *October 8, 2011.* Set up will begin at 7am and the sale will open at 8am. We'll close up shop at noon and a charity truck will be here to take your leftover stuff if you wish to donate it.

Why? The money raised from space reservation will benefit the N.L.C., what money you make is yours to keep!

Who? Get out there and tell **EVERYONE!!!** We need this to be **HUGE!!!** Let's sell out the spaces before the sale!

Anything you would like to volunteer to spread the word would be much appreciated. Let us know how you would like to help! **Spread the word!!!**



SERMON TOPICS

September 4th

Communal Care

Ezekiel 33:7-11; Matthew 18:15-20

September 11th

Day 1 Stuff: Forgiveness

Genesis 50:15-2; Matthew 18:21-22

September 18th

No Fair! No Fair!

Jonah 3:10-4:11; Matthew 20:1-16

September 25th

Something New

Ezekiel 18:25-30; Matthew 21:28-32